

OMELÉTS

BREAKFAST ANYTIME!

♥ We are happy to prepare a *yolk-free* entrée for an additional .70

Our 3-egg omelets are served with grits, home fries, OR one breakfast side, AND a choice of bread.

<p style="text-align: center;">●WESTERN Ham, Sautéed Onions, Peppers & American 7.25</p>	<p style="text-align: center;">●MEXICAN Sausage, Onions, Jack & a Small Salsa 7.25</p>	<p style="text-align: center;">●FARMER'S Tomatoes, Broccoli, Mushrooms & Cheddar 7.25</p>	<p style="text-align: center;">●CUSTOM 4 Your Choice of Any Four Items From Below 7.25</p>	<p style="text-align: center;">●Custom 2 Your Choice Of Any Two Items From Below 6.60</p>
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Choices for Custom Omelets Below:

American	Provolone	Bacon	Green Peppers	Sprouts
Jack	Feta	Sausage	Onions	Mushrooms
Swiss	Mixed Cheddar/Jack	Ham	Tomatoes	Salsa
Cheddar	Sour Cream	Turkey Sausage	Spinach	Jalapenos
Cream Cheese			Broccoli	Kalamata Olives

FAVORITES

BISCUITS & GRAVY **7.25**
Two eggs any style, with a made-from-scratch biscuit topped with sausage gravy, choice of one breakfast side and one breakfast meat

HUEVOS RANCHEROS *spicy* **6.00**
A flour tortilla topped with red sauce, black beans, Cheddar/Jack cheese, *scrambled eggs*, diced tomatoes and scallions, and served with one breakfast side

SALMON CAKE & EGGS **7.65**
Two eggs any style and one salmon cake topped with tomatoes and scallions. Served with a side of dill sauce, grits, biscuit, and a garnish of fresh fruit

QUICHE **7.75**
Either **QUICHE FLORENTINE** (spinach, tomatoes, sautéed onions, and feta) or **HAM, BACON, & SWISS QUICHE**. Served with one breakfast side and your choice of bread

EGGS & PANCAKES OR WAFFLE **7.25**
Two eggs any style, choice of breakfast meat and **Three Plain Pancakes or a Plain Waffle**
With Two Pancakes **6.70**

EGGS ALL THE WAY **6.15**
Two eggs any style, choice of one breakfast side, choice of one breakfast meat, and choice of bread

BACK TO BASICS **4.45**
Two eggs any style, one breakfast side, and choice of bread

WILD OATS/CEREAL **4.75**
A large bowl of hot oatmeal, brown sugar and warm milk, or a bowl of cereal (Special K, Cheerios, or Raisin Bran) served with your choice of raisins or bananas, and bread

Our batters are made from scratch!
You'll taste the difference!

FROM THE GRIDDLE

	STACK OF 3	STACK OF 2
●PLAIN PANCAKES	4.50	3.80
●BANANA PANCAKES	6.00	4.80
●BLUEBERRY PANCAKES	6.60	5.20
●PECAN PANCAKES	6.60	5.20
●CHOCOLATE CHIP PANCAKES	6.60	5.20

●PLAIN WAFFLE
4.80

●PECAN WAFFLE
6.20

●BACON WAFFLE
5.80

●BLUEBERRY WAFFLE
w/ whipped cream
6.95

●FRENCH TOAST
Three slices of sunflower bread dipped in cinnamon batter, grilled & dusted with powdered sugar
6.00

SIDE CHOICES <i>A La Carte 1.80*/1.20</i>	BREAD CHOICES <i>A La Carte</i>	MEAT CHOICES <i>A La Carte 2.10</i>
♦Home Fries	♦Biscuit 1.50	♦Bacon – 3 Strips
♦Grits*	♦White toast 1.50	♦Sausage – 2 Patties
♦Applesauce*	♦Wheat toast 1.50	♦Turkey Sausage – 3 Links
♦Tomato slices	♦Sunflower toast 1.50	♦Cured Ham
♦Cup of Oats	♦Rye toast 1.50	♦Country Ham (<i>Add 1.00</i>)
♦Sausage Gravy	♦English muffin 1.50	
♦Cinnamon Apples	<i>Additional Choices With an Upcharge</i>	
♦Small French Fries*	♦Bagel 1.60 (add .10)	BISCUIT SANDWICHES
♦Cottage Cheese (Add 1.00)	♦Bagel w/cream cheese 2.20 (add .70)	Country Ham Biscuit 3.05
♦Fresh Fruit Cup (Add 1.00)	♦Fruit Crumb Cake 3.00 (add 1.50)	Sausage Biscuit 2.55

STARTERS

Perfect for Sharing!

- **CHEESE FRIES** 4.95
Crisp hot fries, melted Cheddar /Jack cheese, sour cream and scallions
- With *Veggie Chili* for dipping 5.95
- With *Crumbled Bacon* 5.95
- **NACHOS *spicy*** 7.00
Our own corn chips topped with black beans, melted Cheddar/Jack cheese, lettuce, sour cream, *jalapeños*, tomatoes, and served with salsa
- **HUMMUS PLATTER *Spicy!*** 6.00
Spicy blend of chickpeas, tahini, lemon, olive oil, garlic & spices. Served with grilled pita bread, celery & carrot sticks
- **SPINACH & ARTICHOKE DIP** 6.50
Our own recipe with roasted garlic, artichokes, spinach, lemon, spices and Parmesan. Served warm with our own corn chips
- **CHIPS & SALSA** 2.40
A little *spicy*
Our own tasty corn chips with homemade salsa

SOUPS

Homemade & Delicious!

- Veggie Chili *spicy*
- Creamy Tomato Basil
- Gazpacho (*summer only*)
- Soup of the Day (Ask your server)
- **Cup** 2.30
- **Bowl** 3.30

- **Cup with any entrée** 1.60
- **Bowl with any entrée** 2.40

● **SOUP SALAD COMBO** 6.80

Bowl of soup, a small House salad or Caesar salad, & a biscuit or cornbread
Sub a small Greek or Spinach salad for 1.00 more

● **QUICHE COMBO** 8.60

Either **Quiche Florentine** (spinach, feta, tomatoes, and onions) or **Ham, Bacon, & Swiss Quiche** with a choice of a small Caesar or House salad or a bowl of soup, and served with a dinner roll

SMALL SALADS

- **Small Caesar or House** 3.30
- **with any entrée** 2.60
- **Small Spinach or Greek** 4.30
- **with any entrée** 3.60

LARGE SALADS

- **GRILLED CHICKEN SALAD** 7.70
A marinated grilled chicken breast on fresh greens with sautéed mushrooms, diced tomatoes, scallions & Mustard Vinaigrette dressing

- **CHICKEN CAESAR SALAD** 7.70
A grilled, marinated chicken breast on a bed of romaine, red onions and homemade croutons, tossed in our creamy Caesar dressing
- Without the Chicken 5.70

- **LARGE GREEK SALAD** 7.50
Fresh greens, diced tomatoes, red onions, cucumbers, feta, pepperoncinis and kalamatas topped with zesty Greek dressing
- With Grilled Chicken 9.50

- **LARGE SPINACH SALAD** 7.50
Fresh spinach and red onions tossed in our Honey Dijon Vinaigrette then topped with diced tomatoes, mushrooms, a sliced hard boiled egg, and your choice of crumbled *bacon or pecans*
- With Grilled Chicken 9.50

- **VEGETARIAN TACO SALAD *spicy*** 7.50
Fresh greens, black beans, diced tomatoes, Cheddar/Jack cheese, *jalapeños*, sour cream, and a small side of salsa, surrounded by corn chips
- With Grilled Chicken 9.50

- **CHEF'S SALAD** 8.00
Leafy greens, freshly roasted beef and turkey breast, strips of Swiss & Cheddar, diced tomatoes, homemade croutons, and a sliced hard boiled egg with your choice of dressing

- **TUNA or CHICKEN SALAD PLATE** 7.30
(They alternate weekly) Today's homemade salad (either chicken or tuna) on a bed of lettuce & tomato, served with a **cup of soup**, grilled pita points, and garnished with a pickle and cole slaw
- With fruit instead of soup 8.30

- **LARGE HOUSE SALAD** 6.50
Fresh leafy greens, diced tomatoes, carrots, sprouts, and scallions with your choice of dressing

Add grilled pita points, cornbread, or a biscuit for 1.50

DRESSING CHOICES

Mustard Vinaigrette	Lemon Tahini
Honey Dijon Vinaigrette	Oil & Vinegar
Caesar	Fat-Free Ranch
Ranch	Fat-Free Italian
Greek	<i>Extra Blue Cheese .70</i>
Blue Cheese	<i>Bacon Crumbles 1.00</i>
1000 Island	

◀ BEVERAGES ▶

(Beer and Wine are listed separately.)

Free refills on fountain sodas, coffee, iced teas & lemonade

Coffee freshly ground (Also available for sale by the pound)	1.75
Hot Tea	1.75
Herbal Tea	1.85
Hot Chocolate with whipped cream	1.85
Iced Tea freshly brewed, sweetened or unsweetened	1.75
Coke, Diet Coke, Sprite, Mr. Pibb, Orange	1.75
Lemonade	1.90
I.B.C. Root Beer (bottled)	1.90
Sparkling Mineral Water (bottled)	1.90
Juice (Orange, Apple, Grapefruit, Tomato, or Cranberry)	Small 1.35 Large 1.85
Milk	Small 1.00 Large 1.50
Chocolate Milk	Small 1.25 Large 1.75
Shakes Chocolate, Vanilla or Strawberry	3.70 Malts 4.40
Special Shakes Oreo, Coffee, Orange	4.30 Malts 5.00

MONDAY-FRIDAY	SQUARE MEALS	SATURDAY & SUNDAY
AVAILABLE FOR LUNCH & DINNER		AVAILABLE FOR DINNER
11:30A.M.-10:00P.M.		4:00 P.M.-10:00 P.M.

GRILLED CHICKEN BREAST 8.75
Marinated chicken breast topped with Swiss and sautéed mushrooms. Served with two sides and a bread choice

SALMON CAKES 9.00
Two homemade salmon cakes topped with our creamy dill sauce, tomatoes and scallions. Served with two sides and a bread choice

ITALIAN MEATLOAF 8.25
Juicy meatloaf seasoned with Italian spices, topped with our tangy red sauce or roast beef-mushroom gravy. Served with two sides and choice of bread

VEGETABLE PLATE 7.25
Choice of four sides and choice of bread

SALMON FILLET MEAL Market Price
Marinated, broiled salmon fillet served with seasoned rice, one side, and choice of bread

CHICKEN & DUMPLIN'S 8.00
A bubbling rich chicken broth with chunks of chicken, vegetables, and dropped biscuit dough, simmered until fluffy! Served with two sides and a bread choice

SPAGHETTI WITH MEAT SAUCE (Available anytime!)
We make our own with fresh ground beef, tomatoes, onions, peppers, red wine & spices! Served with a small House salad or small Caesar salad and a roll
Small 7.00 Large 9.00

HOMESTYLE TURKEY MEAL 8.00
Freshly roasted turkey breast, open-faced on toast, with a side of mashed potatoes, both smothered in turkey gravy. Served with a choice of one side

HOMESTYLE ROAST BEEF MEAL 8.00
Freshly roasted beef, sliced thin and served open-faced on toast with a side of mashed potatoes, both smothered in our roast beef-mushroom gravy. Served with choice of one side

◆Marked items are available anytime.

SIDE CHOICES

- (a la carte 1.80)
◆Black Beans *spicy*
◆Mexican Rice *spicy*
◆Sliced Tomatoes
◆Potato Salad
◆Cinnamon Apples
◆Cole Slaw

- (a la carte 1.80)
◆Skin-on Mashed Potatoes
◆Broccoli Casserole
◆Seasoned Rice
◆Molasses-Bacon Green Beans
◆Side of the Day
◆Veggie of the Day

- (a la carte 1.20)
◆Apple Sauce
◆Small French Fries

(a la carte 2.80)
◆Fresh Fruit Cup (add \$1.00)
◆Cottage Cheese (add \$1.00)

BREAD CHOICES

(a la carte 1.50)

- ◆Biscuit ◆Cornbread ◆Dinner Roll

If you would like to substitute soup or salad for a side choice:

For a cup of soup, add .50 • For a small Caesar or House salad, add 1.00 •
For a small Spinach or Greek Salad, add 2.00

HOT & SPICY

These entrées are available every day! Lunch & Dinner
These selections are considered by most to be ***Spicy!*** or on the ***spicy side***. Feel free to ask for a taste of the spicy ingredient(s), if it will help you make a better decision.

CHICKEN BBQ PLATE *Spicy!* 8.30
N.C. style shredded chicken BBQ, large order of fries, cole slaw, cornbread & a side of ***Spicy!*** sauce

CHICKEN BURRITO *spicy* 8.00
A flour tortilla filled with black beans, Mexican rice, tomatoes, red onion, and a whole diced chicken breast, then covered in spicy red sauce, melted Cheddar/Jack cheese, sour cream, scallions & tomatoes. Served with Mexican rice

VEGETARIAN BURRITO *spicy* 6.00
Same as above without the chicken

CHICKEN FAJITAS *spicy* 9.60
Strips of grilled chicken breast, sautéed onions & green peppers, with sour cream, tomatoes, lettuce, shredded Cheddar/Jack, salsa, & warm tortillas. Served with **Mexican rice** & black beans.
Substitute our Seasoned Rice if you prefer when Square Meals are available

ENCHILADA DINNER *Spicy!* 8.00
Either Chicken or Spinach Filling (It rotates)
Two corn tortillas with today's filling (**ask your server**), topped with our spicy enchilada sauce, melted Cheddar/Jack cheese, sour cream, tomato, scallions & shredded lettuce. Served with Mexican rice, black beans and a side of homemade salsa

Cup of Soup with an entrée for 1.60. A small Caesar or House salad with an entrée for 2.60.

BURGERS & FRIES

Your choice of burger on a toasted bun with **lettuce, tomato, mayo, onion,** and a garnish of slaw and a pickle. **Served with a small order of fries (or apple sauce).**

BASIC BEEF BURGER 5.50

A third of a pound of 100% USDA Beef, cooked medium well, and topped with lettuce, tomato, onion and mayo. Simple and delicious!

VEGGIE BURGER 5.50

Our own recipe with beans, potatoes, mushrooms & spices! (*Contains dairy products*) Served with lettuce, tomato, onion and mayo

TURKEY BURGER 6.20

A seasoned turkey burger topped with lettuce, tomato, onion and mayo

CHEESEBURGER* 6.25

Our basic burger with your choice of American, Swiss, Cheddar, Jack or Provolone cheese, with lettuce, tomato, onion and mayo

BACON CHEESEBURGER 7.00

ELMO BURGER* 6.60

A burger with **Cheddar**, sautéed fresh **mushrooms, grilled onion**, lettuce, tomato and mayo.

BACON ELMO BURGER 7.35

BLUE CHEESEBURGER* 6.85

Our basic burger served with a side of Blue Cheese mixture, lettuce, tomato, onion and mayo

BACON BLUE CHEESEBURGER 7.60

TOPPINGS & SUBSTITUTIONS

*Substitute a Veggie Burger	No charge	Add Bacon to any sandwich	1.00
*Substitute a Turkey Burger	.70	Add Veggie Chili to any sandwich	1.00
Add Cheese to any sandwich	.75	Add Sautéed Mushrooms to any sandwich	.65

Cup of Soup with an entrée for 1.60. A small Caesar or House salad with an entrée for 2.60.

SANDWICHES & FRIES

All sandwiches are served with a small order of fries (or apple sauce) and a garnish of slaw and a pickle.

GRILLED CHICKEN BREAST 7.00

Marinated chicken breast, lettuce, tomato, onion and mayo on a toasted bun

SALMON SANDWICH Market Price

Broiled marinated salmon fillet on a toasted bun with lettuce, tomato, mayo and a side of tartar sauce

ELMO'S TRIFECTA 8.25

A grilled triple-decker with home-baked turkey, roast beef, Swiss, Cheddar and Provolone cheeses, cole slaw and 1000 Island dressing, served on Rye

CHICKEN BBQ SANDWICH *Spicy!* 6.25

Our N.C. style shredded chicken BBQ on a toasted bun, with lettuce, tomato and a side of **Spicy!** sauce

DINER B.L.T. 6.50

A spin off of the old classic B.L.T. with two slices of Cheddar cheese grilled on Rye then topped with bacon, lettuce, and tomato

REUBEN 7.25

Thinly sliced **pastrami or turkey breast** piled high and grilled on Rye with sauerkraut, Swiss and 1000 Island dressing

HOT PASTRAMI 6.50

Grilled pastrami on Rye with melted Swiss and brown mustard

HOT HAM & SWISS 6.25

Grilled ham and melted Swiss on a toasted bun, lettuce, tomato, mayo and onion

GRILLED HUMMUS *Spicy!* 5.75

Spicy hummus, red onion, tomato and sprouts on grilled Whole Wheat

VEGETARIAN GRILLED CHEESE 6.25

Cheddar, Jack, sautéed mushrooms and onions, sprouts and tomatoes on grilled Whole Wheat

ROAST BEEF 6.50

Our own thinly sliced roast beef, tomato, lettuce and mayo on your choice of toasted bread (White, Wheat, Sunflower, Rye--for a Bagel add .10)

ROASTED TURKEY 6.50

Our own roasted turkey thinly sliced with tomato, lettuce and mayo on your choice of toasted bread (White, Wheat, Sunflower, Rye--for a Bagel add .10)

CHICKEN or TUNA SALAD 6.25

Ask your server. (They alternate weekly.)

Either our homemade chicken or tuna salad on your choice of toasted bread with lettuce and tomato (White, Wheat, Sunflower, Rye--for a Bagel add .10)

GREEK GRILLED CHEESE 6.75

A warm pita with melted American and Feta cheeses, stuffed with tomatoes, red onion, cucumbers, shredded lettuce, and served with a side of sour cream herb dressing **Add chicken 8.75**

THE FINE PRINT – For parties of 8 or more, an 18% gratuity will be added to your check. We are happy to split any check up to 4 ways and to accept up to 4 different forms of payment per check. Our desire to give equal time & attention to all customers prohibits us from dividing checks further. We currently accept Cash, MasterCard, Visa, and Traveler's Checks.

Suggestions, comments, or complaints? Please speak to a manager or visit us at <http://elmosdiner.com>



ELMO'S KID'S MENU

BREAKFAST ANYTIME!

<p>KID EGG & TOAST One egg any style and one slice of toast 1.95</p> <p>ONE PANCAKE</p> <p>Plain 2.25 Banana 2.75 Blueberry 2.95 Pecan 2.95 Chocolate Chip 2.95</p>	<p>CUP OF OATMEAL Served with warm milk and brown sugar. Add bananas or raisins for .50</p> <p>SMALL 1.80 LARGE 2.85</p> <p>COLD CEREAL W/MILK <i>Cheerios, Raisin Bran, or Special K</i> served with whole or skim milk</p> <p>SMALL 1.80 LARGE 2.85</p>	<p>KID FRENCH TOAST One piece of white bread dipped in cinnamon batter, grilled, then dusted with powdered sugar 2.00</p> <p style="text-align: center;">SIDES</p> <p>Bacon (1) .70 Turkey Link .70 Sausage Patty (1) 1.05 One Egg any style 1.20 Fruit Cup 2.80 (1) Piece of Toast .75 <u>SMALL</u> Cheerios Dry .25</p>
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LUNCH ANYTIME!

All sandwiches served with choice of small fries, applesauce, carrot sticks or raisins.

<p>KID SPAGHETTI* Pasta with our own meaty marinara sauce 3.00</p> <p>NOODLES & CHEESE* Spaghetti noodles served plain with Parmesan on the side 2.00</p> <p>*Not served with fries or apple sauce.</p>
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<p>KID GRILLED CHEESE American cheese served plain on grilled White bread (Wheat, Sunflower, or Rye available upon request) 2.60</p>
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<p>TURKEY SANDWICH Oven roasted turkey breast on plain White bread (Wheat, Sunflower, or Rye available upon request) 2.75</p>

<p>PBJ (Peanut Butter & Jelly) Peanut butter & grape jelly on plain White bread (Wheat, Sunflower, or Rye available upon request) 2.50</p>
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<p>HAM SANDWICH Sliced ham on plain White bread (Wheat, Sunflower, or Rye available upon request) 2.75</p>
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<p>KID HAMBURGER A small burger patty on a plain bun with a pickle spear (mustard or mayo available upon request) 2.75 With American cheese 3.10</p>
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<p>KID VEGGIE BURGER Our bean burger on a plain bun with a pickle spear (mustard or mayo available upon request) 2.75 With American cheese 3.10</p>

<p>KID TURKEY BURGER Our turkey burger on a plain bun with a pickle spear (mustard or mayo available upon request) 3.10 With American cheese 3.45</p>

SIDES	
Small French Fries	1.20
Apple Sauce	1.20
Cottage Cheese	2.80
Cup of Fruit	2.80
KID BURGER/SANDWICH ADDS	
Tomato .35	Lettuce .25

WHY A DINER?

Eating in a diner is a warm and wonderful experience. It's a place where the staff learns your name and stops by your table to say hello. When your family comes to town you get excited to bring them to Elmo's. "It's not the fanciest place," you tell them, "but this is our place—this is where we eat."

Our job at Elmo's is to recognize that the vast majority of our business is made up of repeat customers. You are our friends and our neighbors, and we want you to feel good about eating at Elmo's. We pride ourselves on serving fresh, delicious food - like you would make at home if you had the time. Our pancakes are made from scratch. We bake all of our desserts in our kitchen. Our soups are homemade; and we take a long time to slow roast our turkey and roast beef. We don't serve anything that contains MSG and our fries are cooked in 100% canola oil.

Our goal is to provide service and food that are not simply good, but outstanding.

Thank you for choosing ELMO'S.